

All Saints Marple

meeting God • living life • growing community

155 Church Lane Marple SK6 7LD

Next ...

ENGAGE



Sunday 12th July 2026

... Pizza served from 6pm ... Service will start at 6.30pm ...

... with Guest Speaker

Patrick Regan

... *introducing his new book*

small steps for big change

A Guide Through Overwhelm

by Patrick Regan

Patrick Regan OBE is a dedicated activist and mental health advocate. He is the Founder of two esteemed charities, XLP and Kintsugi Hope. With accolades like CEO of the Year 2023 for Mental Health Training and an OBE for his Services to Young People, he is a recognized figure. As a seven-time published author, he is a confident and passionate speaker on various topics, including mental health, wellbeing, resilience, and social conscience.